

A SIMPLE WAY TO BEGIN

Start a referral

Families may self-refer. Schools, hospitals, behavioral health providers, county partners, and community agencies may also submit referrals.

1 Discuss the referral

Confirm that the youth and/or caregiver agrees to be contacted.

2 Complete the referral form

Scan the QR code below to complete the referral form online.

3 Submit the referral

Submit online, email Sf.SD@newalternatives.org, or call us to complete the referral by phone.

4 Our intake team follows up

We review preliminary eligibility and contact the family or referral source.

Begin a referral

858-463-0606
Sf.SD@newalternatives.org
newalternatives.org



SCAN TO BEGIN



New Alternatives, Inc.

SAN DIEGO COUNTY

Connect with us

We welcome questions from families and referring partners. Our intake team can help determine the appropriate next step.

Strong Foundations High Fidelity Wraparound

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Sf.SD@newalternatives.org
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Services are voluntary. A referral begins the screening process and does not guarantee enrollment.



Services funded by
County of San Diego



Serving children, youth, and
young adults ages 0–25 with
full-scope Medi-Cal,
along with their families.



Providing Home and Community-Based Services
Throughout San Diego County

Your family. Your team. One coordinated plan.

UNDERSTANDING THE MODEL

What is High Fidelity Wraparound?

An intensive, individualized, team-based approach that helps young people and families with complex needs build stability in their homes, schools, and communities.

Family members, natural supports, schools, providers, and involved systems work together around one plan shaped by the family's strengths, culture, voice, and goals.

Our approach

- Family voice and choice guide planning
- Strengths and culture shape solutions
- Support is coordinated across systems

Want to know more about Wraparound?

nwi.pdx.edu/pdf/wraparound-process-users-guide-2024.pdf

A DEDICATED TEAM IN YOUR CORNER

Could Strong Foundations HFW be the right fit for your family?

This program may be a fit for youth who:

- Are ages 0-25 and have full-scope Medi-Cal coverage
- Experience emotional, behavioral, or mental health needs that affect daily life
- Are at risk of school failure, family disruption, out-of-home placement, mental health hospitalization, or juvenile justice involvement
- Need intensive coordination across schools, behavioral health providers, and community services
- Need a stronger support network because natural supports are limited or family stress is high

Eligibility is confirmed through the intake and assessment process. If you are unsure, contact us - our team can guide you through the process.

COORDINATED AROUND THE FAMILY

What support can include

- A dedicated team and individualized plan of care
- Team meetings, safety planning, and crisis support
- Peer support, family skill-building, and stronger protective factors
- Home- and community-based services that reduce transportation and scheduling barriers
- Connections to schools, community services, and clinical care, including psychiatry and medication management when appropriate
- Stronger natural supports and transition planning

Who can refer?

Families and self-referrals • Hospitals and behavioral health providers • Schools and educational partners • County and community agencies

Questions? 858-463-0606